When visiting

. [add their name(s)]



I feel happy spending time with them.



My room feels cosy and comfortable



I feel safe and cared for.



The food I eat is tasty and makes me happy.









They listen to me when I have something to say.



I have space to play and keep my things.









I have fun and get to do things I enjoy.



My favourite things to do while I am with them are:



Things I wish I could do during my visits more often:



If I could change anything about my visits, it would be:





If there is one thing I could tell them, it would be:



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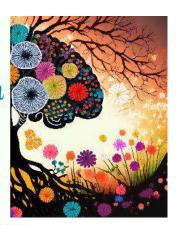
www.socialworkerstoolbox.com



2 www.anxietyhelpbox.com



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3 www.feelingshelpbox.com

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